

Scan here to  
receive a FREE  
ContinenceCare  
trial pack



# Confidence starts with our ContinenceCare



**ContinenceCare**  
*Supporting Independent Living*

**Home Delivery Incontinence Supplies**

Freephone: 0800 72 38 72 (9am to 4pm weekdays)

Email: [info@continencecare.co.nz](mailto:info@continencecare.co.nz)

[www.continencecare.co.nz](http://www.continencecare.co.nz)





## WELCOME TO CONTINENCECARE

# Supporting your confidence and comfort, every day

At ContinenceCare, we're here to make managing incontinence easier, more dignified, and less overwhelming. We specialise in high-quality products that support you to live life on your terms, with comfort, confidence and independence.

Whether you're looking for everyday protection, discreet absorbent products for outings and special occasions, or support managing a new diagnosis, our trusted Advance® range is here to meet your needs.

Our friendly, knowledgeable team is here to guide you every step of the way.

- 100% New Zealand Owned & Operated
- Specialist incontinence products you can trust
- Free trial packs available so you can find the right fit
- Fast, discreet delivery nationwide
- Easy online ordering, subscriptions, and personal support

## HOW WE HELP YOU

### Care you can trust, service you can rely on

Choosing continence products can feel overwhelming — but it doesn't have to be. At ContinenceCare, we make it simple, private, and supportive.

We're here to help you find the right products, quickly and confidently, with services designed around your needs.

- Free Trial Packs** – Try before you buy, with discreet delivery to your door.
- Easy Online Ordering** – Shop 24/7 at your own pace.
- Flexible Subscriptions** – Save 10% and never run out, with the option to pause, skip, or cancel anytime.
- Fast, Discreet Delivery** – Plain packaging and prompt courier service nationwide.
- Friendly, Experienced & Knowledgeable Team** – Real people ready to help, just a phone call or email away.



Scan here to receive a **FREE** ContinenceCare trial pack

## Need Help Choosing?

Visit our easy-to-use Product Finder Tool online, or call our friendly team for personalised advice.

Freephone: 0800 72 38 72 (9am to 4pm weekdays)  
Email: [info@continencecare.co.nz](mailto:info@continencecare.co.nz)  
Website: [www.continencecare.co.nz](http://www.continencecare.co.nz)

Home Delivery Incontinence Supplies



## PRODUCT FINDER FOR URINARY INCONTINENCE

### Find the right level of ContineceCare for you

If you're not sure which product to order, our Product Finder is here to help.

Get a personalised recommendation by answering a few simple questions:



Trusted by healthcare professionals nationwide, the Advance® range is available through District Nursing and ACC services, or directly through ContineceCare.

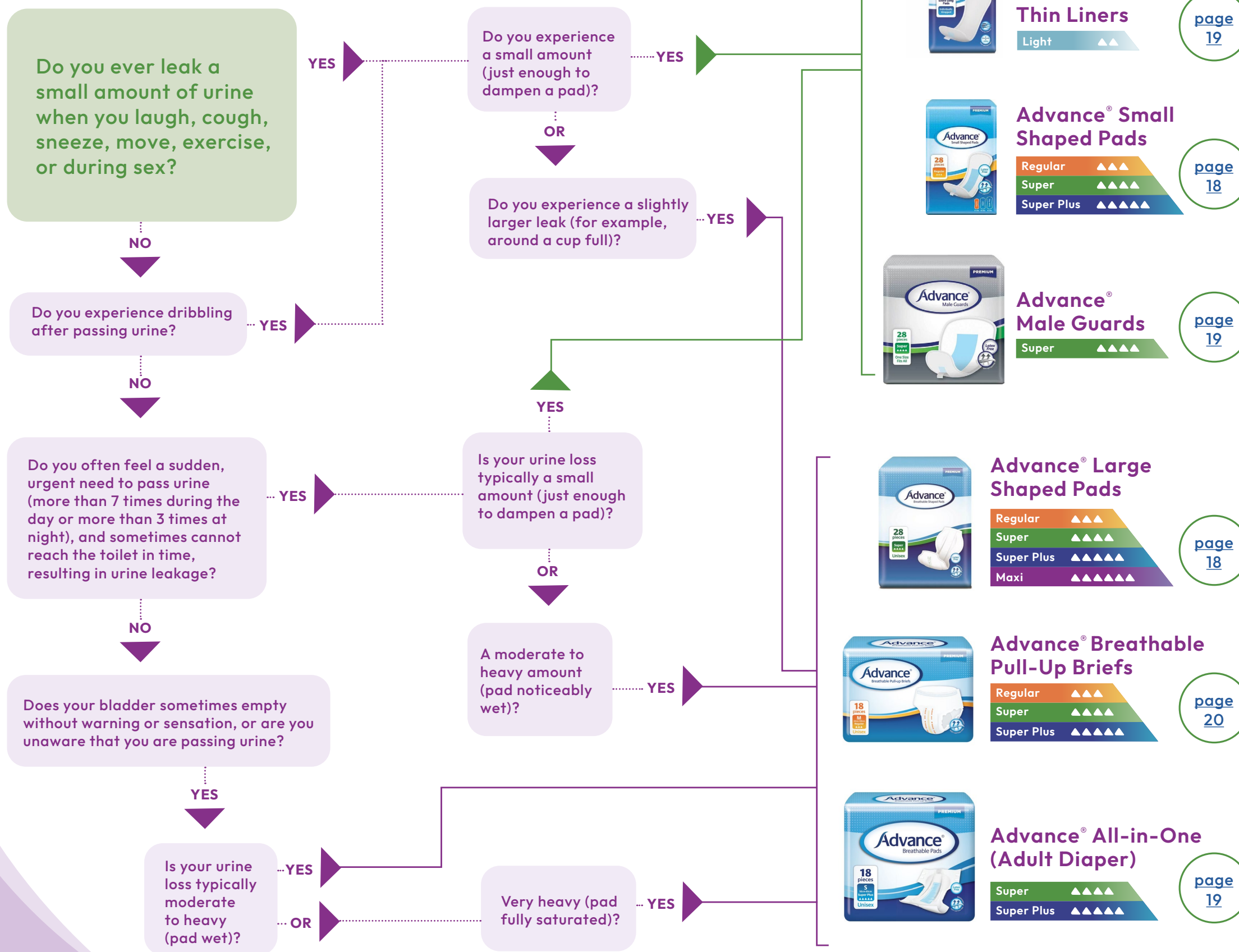
Exceptional Protection

Superior Design



Enhanced Comfort

Expert Advice & Support





## UNDERSTANDING INCONTINENCE

### Types of incontinence

Knowing the type of incontinence you are experiencing can help you find the best product. Here's a simple guide:

#### Stress Incontinence

Leakage when coughing, sneezing, laughing, or exercising.

#### Urge Incontinence

A sudden, strong need to go, sometimes without enough time to reach the toilet.

#### Overflow Incontinence

A constant dribble caused by the bladder not emptying fully.

#### Functional Incontinence

When physical or thinking challenges make it hard to get to the toilet in time.

#### Mixed Incontinence

A mix of two or more types (often stress and urge together).

**Remember: Everyone's experience is different. The important thing is finding solutions that support your needs.**

Treatment or medication may help manage or resolve certain types of incontinence. We recommend seeking personalised advice from a qualified healthcare professional.



### Understanding urinary and bladder incontinence

Urinary incontinence is when you accidentally leak urine. It's very common, affecting people of all ages, and you're not alone.

It might happen when you laugh, cough, or exercise, or you might feel a strong urge to go and not quite make it.

Many people find their symptoms can be managed with the right continence products, daily habits, and support. Our team is here to help you find solutions that work for you, so you can continue living life to the fullest.

### Understanding faecal and bowel incontinence

Faecal incontinence is when it's difficult to control bowel movements. It can happen for lots of reasons, after surgery, illness, or changes in muscle strength. We know how sensitive this issue is.

ContinenceCare offers discreet products like our popular Advance® Breathable Pull-Up Briefs, designed for comfort, security, and confidence, along with a range of supportive hygiene products to help you manage comfortably and with dignity.

If you're unsure which products might suit your needs, our friendly team is only a call or click away.





# Foods and drinks that can irritate the bladder

Some foods and drinks can make bladder symptoms worse. Here are a few common triggers to watch for:

- ☞ Caffeinated drinks (coffee, tea, energy drinks)
- ☞ Alcohol
- ☞ Carbonated (fizzy) drinks
- ☞ Citrus fruits (like oranges, lemons, limes)
- ☞ Spicy foods
- ☞ Chocolate
- ☞ Artificial sweeteners

It's a good idea to keep track of what you eat and drink to notice any patterns. Every person's body reacts differently, what bothers one person may not affect another. Small changes can sometimes make a big difference!



## Need help choosing?

Visit our easy-to-use Product Finder Tool online, or call our friendly team for personalised advice.

Freephone: 0800 72 38 72 (9am to 4pm weekdays)  
Email: [info@continencecare.co.nz](mailto:info@continencecare.co.nz)  
Website: [www.continencecare.co.nz](http://www.continencecare.co.nz)

Scan here to receive a FREE ContinenceCare trial pack

## HOW TO CHOOSE THE RIGHT PRODUCT

### Choosing the right care for you

Finding the right product depends on your level of urine loss, your lifestyle, and what feels most comfortable for you.

Here's a simple guide to help you choose with confidence.

Absorbency	Level	What it feels like	Product suggestion
Regular ▲▲▲	Light	Small drips or dampness	Liners, small shaped pads, male guards
Super ▲▲▲▲	Moderate	Noticeable leaks, dampening underwear	Pull-up briefs, larger shaped pads
Super Plus ▲▲▲▲▲	Heavy	Full bladder loss or saturated pads	All-in-One (Adult Diaper), boosters, pull-up briefs

### Pull-Up Underwear

- ☞ For moderate leaks or urgency
- ☞ Easy to pull on and off like normal underwear
- ☞ Good for active people who want more security



### Booster Pads

- ☞ For extra absorbency
- ☞ Used inside other products (like a pull-up or All-in-One)
- ☞ Great for night-time or heavy loss situations



### All-in-One (Adult Diaper)

- ☞ For heavier urine loss
- ☞ Adjustable tabs for a customised fit
- ☞ Best for overnight use or when help with changing is needed



### Pads

- ☞ For small, occasional leaks
- ☞ For drips and dribbles (light bladder leakage)
- ☞ Ideal for daytime use and discreet protection





## MANAGING HEAVY INCONTINENCE AND OVERNIGHT WETTING

### Solutions for better sleep, greater comfort, and less disruption

Heavy wetting overnight can be one of the most common concerns for people managing incontinence, and it's one of the hardest to deal with. Interrupted sleep, discomfort, extra laundry, and skin irritation are just some of the impacts. Whether you're supporting someone else or managing your own needs, heavy wetting overnight can feel overwhelming.

At ContinenceCare, we understand how important it is to feel secure and confident especially at night. This section offers practical guidance, product combinations, and reassurance to help manage heavy incontinence / wetting overnight with comfort and dignity.

#### Why overnight care needs a different approach

During the day, incontinence can often be managed with regular product changes and lower absorbency products, but at night things are different. You need high absorbency products that allow an uninterrupted rest, do not leak, hold position during movement, and keeps skin dry without irritation. That's where the right product combination makes all the difference.

## RECOMMENDED COMBINATIONS

### What products work best for overnight wetting?

#### If you're managing independently:

- ☞ **Advance® Pull-Up Briefs** - easy to wear and change
- ☞ **Advance® Booster Pads** - extra absorbency without bulk
- ☞ **Advance® Underlays** - added confidence overnight

Advance® Booster Pads can be comfortably placed inside your pull-up brief or All-in-One (Adult Diaper). They're highly absorbent, soft and thin making them ideal for overnight protection, even for active sleepers. In addition to providing a significant increase in absorbency they keep skin dry, reduce odour, and provide extra peace of mind for uninterrupted sleep.

#### If you have a carer or overnight support:

- ☞ **Advance® All-In-One (Adult Diapers)** - for a secure, comfortable fit
- ☞ **Advance® Booster Pads** - to increase absorbency
- ☞ **Advance® Underlays** - for added bed protection

These products work together to help reduce leaks, odour, and the need for overnight changes, making care easier and more restful for everyone.

## The Overnight Range



**Advance®  
Pull-Up Briefs**

View on page [20](#)



**Advance®  
Booster Pads**

View on page [19](#)



**Advance®  
Underlays**

View on page [21](#)



**Advance®  
All-In-One  
(Adult Diapers)**

View on page [19](#)





“These were great my 99 year old grandmother said they were very comfortable to wear and they held all the accidents in no1 and 2s even overnight so was very pleased and fast shipping thank you.”  
– Mavis H

“Soft comfortable and a full nights sleep with no leakage even when you sleeping on your side.”  
– Neil B

“I sleep through the night now. No leaks, no changes, no laundry at 2am.”  
– Mark R, caregiver

## Pull-Up or All-in-One (Adult Diapers)?

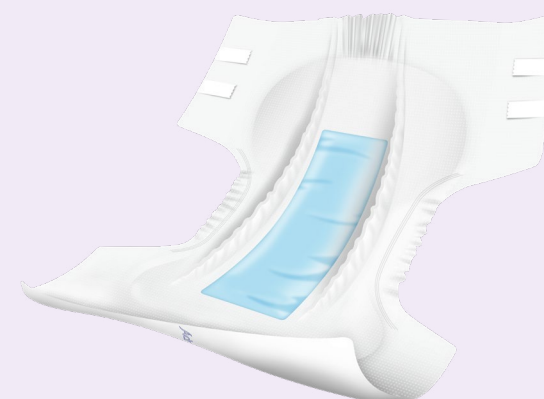


### Not sure which might be right for you?

If you're able to manage changes yourself, Advance® Pull-Ups are a great everyday option for both day and nighttime use: they're easy to wear, discreet, highly absorbent, contain faecal incontinence and feel just like regular underwear.

If you have carer support and experience heavy wetting and/or faecal incontinence especially overnight Advance® All-in-One (Adult Diapers) offer a secure fit with adjustable tabs that make changing easier, especially when lying down or seated.

Still not sure? Or if your current product isn't working, call us on 0800 72 38 72, we'll help match you with a high-quality Advance® product.



## Advance® Underlays – Absorbent surface protection

Protect bedding, chairs or wheelchairs from incontinence with the highly absorbent range of Advance® Underlays ([pg 21](#)). The Advance® Underlay Plus (with side-tucks) keeps the large absorbent area secure on a bed as the sides can be tucked in. All Advance® Underlays have a soft dry-feel highly absorbent top layer to absorb and lock away fluid with a light blue waterproof back sheet that holds the product in place.





## ADVANCE® BOOSTER PADS

### Extra protection, exactly where it's needed

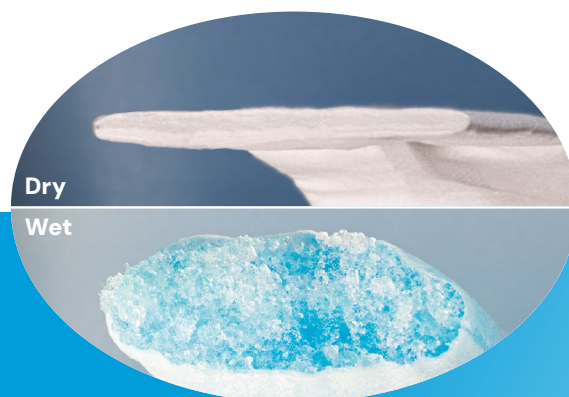
Advance® Booster Pads are an extra layer of absorbency, not a product to be used alone. They're designed to be worn with other Advance® products (pull-ups or All-in-One/Adult Diapers) and boost absorbency, ideal for heavy wetting and heavy overnight incontinence.

- More absorbency, less bulk:**  
 Super Absorbent Polymer core technology holds more without feeling heavy
- Stays dry longer:**  
 Moisture turns to gel, so skin stays dry even under pressure
- Fewer disruptions:**  
 Less need to change at night = more restful sleep
- Odour control:**  
 Locks in liquid, lowering pH and stopping odour-causing bacteria
- Secure fit** Adhesive backing keeps the booster pad in place
- Targeted support:**  
 Place at the front for men, centre for women

Advance

#### Booster Pads

Absorbent Polymers (SAP)



#### Other Booster Pads

Fluff pulp + Super Absorbent Polymers



See the full range of prices and sizes on page 19



## Benefits of Advance® Booster Pads



#### FEWER CHANGES

Extra absorbency means fewer changes - especially overnight - for better, more restful sleep.



#### REDUCE COSTS

Advance® Booster Pads help reduce costs by lowering product use, cutting accidents, and minimising laundry.



#### ODOUR CONTROL

The super absorbent core locks in liquid, lowers pH, and helps prevent odour-causing bacteria.



#### NO WETNESS

Urine is quickly absorbed and turned into gel, so skin stays dry even under pressure.



#### GENDER TARGETED

For best results, place an Advance® Booster Pad at the front for male users, and in the centre for females.



#### COMFORTABLE DESIGN

Our unique design with a Super Absorbent Polymer (SAP) core delivers less bulk and up to 100% better absorbency.





SIZING, SAMPLES & SUPPORT

Fit & Absorbency

ContinenceCare product sizes are about fit not absorbency. Choosing the correct size ensures a secure, comfortable fit. Use the ContinenceCare Size Guide or speak with our experienced team for personalised support.

A bigger size of product does not mean greater absorbency.

ContinenceCare offers different absorbency levels across a range of product sizes. If you need a more absorbent Advance® Pull-Up Brief product in medium, keep the same size and choose a higher absorbency, e.g. increase absorbency from **Super ▲▲▲▲** to **Super Plus ▲▲▲▲▲**

“ Found the perfect product through ContinenceCare. Very friendly and helpful. Received a call from the Rep to check that everything had arrived and did we need anything else. It was great to be able to easily set up a standing order through their online ordering portal which is super easy to use..”  
– Marina H

Size Guide

Size	S	M	L	XL	2XL	3XL	4XL-5XL
NZ Clothing Size							
Womans	6-8	10-14	16-18	20-22	24-26	28-38	32-46
Mens	28-30	30-34	36-38	40-42	44-48	48-52	54-58
Measurements							
Measure waist and hips, use whichever is greater to choose the product size							
Waist - Hips(cm)	63-95	75-110	90-140	130-170	160-215	162-244	177-274

Not sure what you need?  
We'll help you find it.

Our discreet, professional and expert ContinenceCare service is here to help you.

- Free product samples so you can try before you buy
- Comprehensive range, sizes up to 4 - 5XL
- Online Product Finder Tool
- Real people to talk to when you need help

Choosing the right care for you

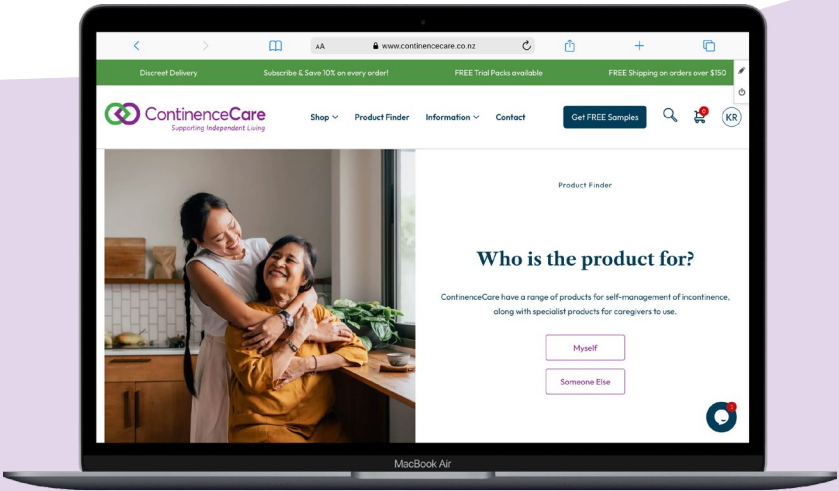
Need help finding the right product?

Try our online Product Finder Tool to get personalised recommendations.

Or, if your current product isn't working, call us on 0800 72 38 72 — we'll help match you with an Advance® alternative.



Scan here, or visit:  
[www.continencecare.co.nz/product-finder/](http://www.continencecare.co.nz/product-finder/)





# The ContinenceCare Range

We offer the comprehensive range of high quality Advance® incontinence products and accessories helping support a healthier and more confident lifestyle



## Large Shaped Pads Advance® Breathable Shaped Pads

Large, highly absorbent pads designed for active users. Best used with Advance® Fixation Pants. Unisex | Moderate to heavy incontinence | Wetness indicator

Length	Absorbency	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)	Code
58cm	Regular ▲▲▲	28 / \$28.99	112 / \$109.99	85000
58cm	Super ▲▲▲▲	28 / \$29.99	112 / \$113.99	85010
68cm	Super Plus ▲▲▲▲▲	28 / \$37.99	112 / \$144.99	85020
68cm	Maxi ▲▲▲▲▲▲	28 / \$42.99	112 / \$163.99	85030



## Advance® Small Shaped Pads

Smaller, discreet pads ideal for bladder weakness or stress incontinence. Unisex | Light to moderate incontinence | Adhesive strip for secure placement

Product	Length	Absorbency	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)	Code
Ultra Thin Liners	23cm	Light ▲▲	28 / \$9.99	168 / \$56.99	82000
Small Shaped Pads	27cm	Regular ▲▲▲	28 / \$10.99	168 / \$62.99	82010
Small Shaped Pads	36cm	Super ▲▲▲▲	28 / \$13.99	168 / \$79.99	82020
Small Shaped Pads	45cm	Super Plus ▲▲▲▲▲	28 / \$18.99	168 / \$108.99	82030



## Small Pads / Liners Advance® Male Guards

Cup-shaped, highly absorbent pads designed for the male anatomy. Men | Light to moderate incontinence | Adhesive strip for secure fit

Length	Absorbency	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)	Code
32cm	Super ▲▲▲▲	28 / \$15.99	168 / \$90.99	83030



## Advance® Booster Pads and Faecal Liner Pads

High absorbency pads without waterproof backing, designed to provide an additional layer of absorbency when used with other products for heavy incontinence. Please note: Booster Pads and Faecal Liners are not designed to be used on their own. They must be used with another absorbent product for effective protection.

Product	Length	Absorbency	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)	Code
Booster Pads (With adhesive strip)	25.5cm	Regular ▲▲▲	28 / \$14.99	168 / \$85.99	80030
Booster Pads (With adhesive strip)	46cm	Super ▲▲▲▲	28 / \$20.99	168 / \$119.99	80040
Booster Pads	58cm	Super Plus ▲▲▲▲▲	28 / \$25.99	168 / \$147.99	80050
Faecal Liner Pads	44cm	Light ▲▲	28 / \$14.99	168 / \$85.99	84030



## All-in-One (Adult Diapers) Advance® Breathable Pads with Tabs

High absorbency, full coverage adult briefs with adjustable closure tabs and an added dry layer for comfort. Unisex | Moderate to heavy incontinence | Wetness indicator

Size	Waist	Absorbency	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)	Code
Small	50-85cm	Super Plus ▲▲▲▲▲	18 / \$29.99	72 / \$113.99	27777
Medium	70-130cm	Super ▲▲▲▲	18 / \$35.99	72 / \$136.99	2767
		Super Plus ▲▲▲▲▲	18 / \$39.99	72 / \$151.99	27677
Large	100-150cm	Super ▲▲▲▲	18 / \$39.99	72 / \$151.99	2757
		Super Plus ▲▲▲▲▲	18 / \$45.99	72 / \$174.99	27577
X Large	130-170cm	Super ▲▲▲▲	18 / \$42.99	72 / \$162.99	27957
		Super Plus ▲▲▲▲▲	18 / \$47.99	72 / \$182.99	279577





## Pull-Up Underwear **Advance® Breathable Pull-Up Briefs**

Discreet, absorbent disposable underwear for active people.  
Unisex | Moderate to heavy incontinence | Wetness indicator

Size	Waist	Absorbency	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)	Code
Small	55-90cm	Super Plus ▲▲▲▲▲	18 / \$32.99	72 / \$125.99	12010
Medium	80-120cm	Regular ▲▲▲	18 / \$33.99	72 / \$129.99	10120
		Super ▲▲▲▲	18 / \$36.99	72 / \$139.99	11020
		Super Plus ▲▲▲▲▲	18 / \$38.99	72 / \$148.99	12020
Large	100-150cm	Regular ▲▲▲	18 / \$35.99	72 / \$136.99	10130
		Super ▲▲▲▲	18 / \$39.99	72 / \$151.99	11030
		Super Plus ▲▲▲▲▲	18 / \$41.99	72 / \$159.99	12030
X Large	130-170cm	Super ▲▲▲▲	18 / \$42.99	72 / \$163.99	11040
		Super Plus ▲▲▲▲▲	18 / \$45.99	72 / \$174.99	12040
2XL	150-200cm	Super Plus ▲▲▲▲▲	12 / \$42.95	48 / \$162.99	12050



## Choosing the right care for you

Need help finding the right product?

Try our online Product Finder Tool to get personalised recommendations.

Or, if your current product isn't working, call us on 0800 72 38 72 — we'll help match you with an Advance® alternative.



Scan here, or visit:  
[www.continencecare.co.nz/product-finder/](http://www.continencecare.co.nz/product-finder/)

# ContinenceCare Accessories

Our accessories range is designed to support comfort, hygiene, and dignity, with helpful extras that make everyday continence care easier to manage at home or on the go.



FIXATION PANTS



URINE BAG LEG HOLDER



UNDERLAYS



WIPES AND HYGIENE



PROTECTIVE WEAR



## Advance® Fixation Pants (Short & Long Leg)

Lightweight, seamless support underwear designed to hold incontinence pads securely.  
Unisex | Light to moderate incontinence | Soft, breathable fabric

Size	Waist	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)	Short Leg Code	Long Leg Code
Small	50-85cm	5 / \$12.99	25 / \$61.99	8022	8022A
Medium	70-130cm	5 / \$12.99	25 / \$61.99	8023	8023A
Large	100-150cm	5 / \$12.99	25 / \$61.99	8024	8024A
XL	90-140cm	5 / \$12.99	25 / \$61.99	8025	8025A
XXL	110-160cm	5 / \$12.99	25 / \$61.99	8026	8026A
XXXL	160-200cm	5 / \$12.99	25 / \$61.99	8027	8027A



## Advance® Underlay

Disposable absorbent underlays with waterproof backing for bedding, furniture, or wheelchair protection.  
Unisex | Highly absorbent | Latex free

Size	Dimensions	Absorbency	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)	Code
Small	40 x 60cm	Super Plus ▲▲▲▲▲	20 / \$14.99	120 / \$85.99	31010
Medium	60 x 60cm	Super Plus ▲▲▲▲▲	20 / \$16.99	120 / \$96.99	31020
Large	60 x 90cm	Super Plus ▲▲▲▲▲	20 / \$23.99	120 / \$136.99	31030
Plus (with side tucks)	80 x 170cm	Super Plus ▲▲▲▲▲	20 / \$30.99	120 / \$176.99	31040





**Advance® Urine Bag Leg Holder**  
Stretch garment providing safe retention of urinary bags.  
Wear on the thigh or calf.  
Unisex | Lightweight | Breathable | Reusable | Latex free

**Style 1:** Foldover Pocket – Holder folds over the bag. **Style 2:** Built-in Pocket – Bag sits inside a secure pocket.

Style 1: Foldover pocket				Style 2: Built in pocket		
Size	Circumference	Price (inc GST)	Code	Circumference	Price (inc GST)	Code
Small	20-36cm	\$16.99	54010	24-39cm	\$16.99	54020
Medium	36-50cm	\$16.99	54011	36-55cm	\$16.99	54021
Large	41-66cm	\$16.99	54012	40-70cm	\$16.99	54022
XL	66-81cm	\$16.99	54013	65-95cm	\$16.99	54023



**Wipes & Hygiene Products** **Advance® Wipes Range**  
Designed for everyday use and cleansing, suitable for all skin types



- 3-in-1 Personal Hygiene Wet Wipes: Cleanses, moisturises, protects – without soap & water
- Premium Dry Wipes – Super soft, strong and absorbent
- Biodegradable Dry Wipes: Super soft, strong, absorbent & eco-friendly
- Cleansing Wet Wipes (Sensitive Skin): Paraben-free and pH balanced
- Biodegradable Absorbent Liner/Wipe on a Roll: Absorbent, tear-resistant for continence care

Product	Size	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)	Code
3-in-1 Personal Hygiene Wet Wipes	30 x 34cm	25 / \$5.99	300 / \$66.99	10010
Premium Dry Wipes – Super Soft Plus	30 x 34cm	50 / \$7.99	600 / \$90.99	10020
Biodegradable Dry Wipes	34 x 30cm	50 / \$8.99	600 / \$99.99	10021
Cleansing Wet Wipes (for Sensitive Skin)	20 x 20cm	80 / \$4.99	960 / \$56.99	10030
Flushable Disposable Liner/ Wipe on a Roll	21 x 33cm	150 / \$16.99	900 / \$96.99	10050
Disinfectant Wipes	33 x 22cm	50 / \$7.99	600 / \$89.99	10070



**Advance® 3-in-1 Cleansing Milk**  
Cleanses, moisturises, and protects delicate skin – ideal for incontinence care.  
1000ml (40010)



**Advance® All-in-One Moisturiser**  
Paraben-free, pH-balanced moisturiser for everyday use.  
500ml (40050)

1 Bottle - \$29.99 | 3 Bottles - \$85.99      1 Bottle - \$14.99 | 3 Bottles - \$42.99

**Advance® Protective Wear**



**Advance® Aprons in a Dispenser Box**  
Waterproof protection from neck to knee.  
One size fits all (1598)



**Disposable Adult Clothing Protectors**  
Helps protect clothing during meals.  
One size fits all (1510)

50 Aprons | 400 Aprons | 100 Clothing Protectors | 600 Clothing Protectors  
\$13.99 | \$105.99 | \$19.95 | \$113.99

**Advance® Gloves**

- Blue Nitrile Powder-Free Gloves: Latex free and puncture resistant
- Green Biodegradable Powder-Free Nitrile Gloves: Eco-friendly, latex free
- Latex Powder-Free Examination Gloves: Natural fit for comfort



Blue Nitrile Powder-Free Gloves				Latex Powder-Free Examination Gloves		
Size	Code	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)	Code	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)
Small	GN211	200 / \$18.99	600 / \$53.99	GL011	100 / \$15.99	300 / \$45.99
Medium	GN222	200 / \$18.99	600 / \$53.99	GL022	100 / \$15.99	300 / \$45.99
Large	GN233	200 / \$18.99	600 / \$53.99	GL033	100 / \$15.99	300 / \$45.99
XLarge	GN244	200 / \$18.99	600 / \$53.99	GL044	100 / \$15.99	300 / \$45.99

**Green Biodegradable Powder-Free Nitrile Gloves**

Size	Code	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)
Extra Small	GB210	200 / \$19.99	600 / \$56.99
Small	GB211	200 / \$19.99	600 / \$56.99
Medium	GB222	200 / \$19.99	600 / \$56.99
Large	GB233	200 / \$19.99	600 / \$56.99
XLarge	GB244	200 / \$19.99	600 / \$56.99





# Specialist Ranges



## Tranquility™ Plus-Size Range

High absorbency, breathable incontinence products sized 2XL to 5XL, designed for comfort and extra leakage protection.  
Unisex | Moderate to heavy incontinence | Wetness indicator

Pull-Up Briefs	Size	Waist	Absorbency	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)	Code
Premium OverNight™ Underwear	2XL	158-203cm	MAXIMUM	12 / \$44.99	48 / \$170.99	2118
Premium OverNight™ Underwear	3XL	190-242cm	MAXIMUM	10 / \$49.99	40 / \$189.99	2119
All-in-One (Adult Diaper)						
Smartcore Briefs®	2XL	152-203cm	MAXIMUM	8 / \$44.95	32 / \$169.99	2315
HI-Rise™ Briefs	3XL	163-244cm	MAXIMUM	8 / \$52.95	32 / \$199.99	2192
AIR-Plus™ Briefs	4-5XL	177-274cm	MAXIMUM	8 / \$56.95	32 / \$215.99	2195



## Swimmates™ Disposable Swimwear

Discreet, secure swimwear for managing bowel incontinence during water activities.  
Unisex | Bowel incontinence | Minimal swelling

Size	Waist Size	Pack Qty / Price (inc GST)	Carton Qty / Price (inc GST)	Code
Small	56-91cm	22 / \$59.99	88 / \$227.99	2844
Medium	86-122cm	20 / \$59.99	80 / \$227.99	2845
Large	112-137cm	18 / \$59.99	72 / \$227.99	2846
XL	122-168cm	14 / \$59.99	56 / \$227.99	2847
2XL	157-203cm	12 / \$59.99	48 / \$227.99	2848



The Advance® Super Plus Pull ups have given me the freedom I have been looking for. Made my life so much more enjoyable as I can go out with confidence.”  
– C.R, Warkworth



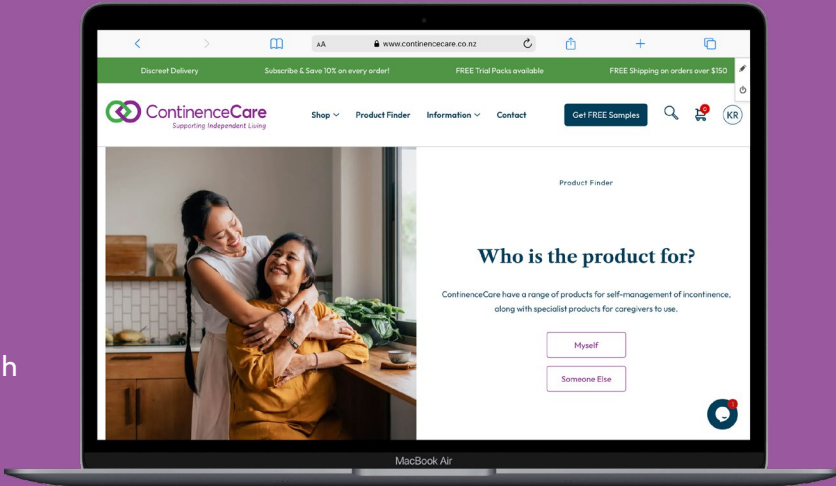
I have purchased from continencecare.co.nz and have been impressed with the quality of the Advance® products and discreet and rapid delivery.”  
– S.D, Auckland

## Choosing the right care for you

Need help finding the right product?  
Try our online Product Finder Tool to get personalised recommendations.  
Or, if your current product isn't working, call us on 0800 72 38 72 — we'll help match you with an Advance® alternative.



Scan here, or visit:  
[www.continencecare.co.nz/product-finder/](http://www.continencecare.co.nz/product-finder/)





#### SUBSCRIBE & SAVE

## Save time, save money, stay confident

Take the hassle out of reordering your continence care essentials.

When you sign up for Auto-Ship, you'll enjoy:

- 🔗 **10% off every order**
- 🔗 **Regular deliveries at the frequency you choose**
- 🔗 **The flexibility to pause, skip, swap, or cancel anytime**
- 🔗 **Fewer worries and fewer last-minute rushes**

Subscribe  
& Save 10%

It's easy to set up: Simply select the Auto-Ship option at checkout, or contact our friendly team to help you set it up.

#### FUNDING SUPPORT

## Help is available – let's find the right support for you

Managing the cost of continence products shouldn't be a burden. In New Zealand, funding support may be available to help cover your needs – whether you require short-term help or ongoing assistance.

Our team is here to guide you through the options and help you access the right products, including the Advance® range, which is available through District Nursing and ACC Nursing services throughout Aotearoa.

### Funding options

#### Disability Allowance

If you have a long-term need for incontinence products, you may be eligible for a Disability Allowance through Work and Income New Zealand (WINZ). This allowance can help with the cost of continence supplies needed for daily living.

#### To apply:

- 🔗 Speak to your GP or medical specialist, they can complete a Medical Certificate for your application.
- 🔗 Contact Work and Income to begin the Disability Allowance process.

#### Need a WINZ quote?

We can provide a quote to support your Disability Allowance application – just get in touch.

#### DHB/ACC Funding

If your incontinence is the result of an accident or medical condition, you may also qualify for support through your District Health Board (DHB) or ACC.

Funding availability varies depending on your region and personal circumstances.

**ContinenceCare can help guide you toward the right channels if you're unsure where to start.**

**All ADVANCE® incontinence products are available funded via your local Continence Service**

## How to order



### Order Online

Shop easily and discreetly anytime at:

[www.continencecare.co.nz](http://www.continencecare.co.nz)



### Order by Phone

Prefer to talk to a real person? We're here to help.

**0800 72 38 72**  
(9am–4pm weekdays)



### Order by Email

Drop us a line and we'll guide you through it:

[info@continencecare.co.nz](mailto:info@continencecare.co.nz)

## Payment options

- 🔗 Pay securely online by credit or debit card
- 🔗 Pay by bank transfer (please use your surname and invoice number as your payment reference)
- 🔗 Call us on 0800 72 38 72 and pay by credit card or debit card over the phone
- 🔗 Pay securely using PAYPAL online



**SuperGold Card holders can enjoy exclusive discounts.**



## Delivery information

- 🔗 **Free courier delivery on all orders over \$150**
- 🔗 **Prompt dispatch — orders received before 3pm weekdays are sent the same day**
- 🔗 **Discreet packaging — plain boxes with only your name and address on the label**
- 🔗 **International shipping available on request —please contact us to learn more**

“Signed up my Mum for Auto-Ship and the product turns up every two weeks as requested, one less thing to worry about.”  
– A.F, Christchurch





Our knowledgeable team can answer your questions and point you in the right direction.

**Phone:** 0800 72 38 72 (9am–4pm weekdays)

**Email:** [info@continencecare.co.nz](mailto:info@continencecare.co.nz)

**[continencecare.co.nz](http://continencecare.co.nz)**

---

**Are you a care home or facility?**

We offer wholesale supply options and support for residential care providers across New Zealand. Get in touch to find out how ContinenceCare can help.

Don't forget to scan  
here to receive a FREE  
ContinenceCare  
trial pack

